

# HelloFresh Market Holiday Festive Dessert Bundle

<b>Nutrition Facts</b>	Chocolate Caramel Lava Cakes	Sticky Toffee Bundt Cake	Dark Chocolate Peppermint Almonds	Macarons	
	servings per container	2	2	3.5	4
<b>Serving size</b>	1 cake (120g)	1 cake (145g)	1 oz (28g)	3 macarons (36g)	
Amount per serving					
<b>Calories</b>	<b>440</b>	<b>490</b>	<b>140</b>	<b>160</b>	
	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*	
<b>Total Fat</b>	23g <b>29%</b>	23g <b>29%</b>	12g <b>15%</b>	8g <b>10%</b>	
Saturated Fat	14g <b>70%</b>	14g <b>70%</b>	2g <b>10%</b>	2.5g <b>13%</b>	
Trans Fat	0g	1g	0g	0g	
<b>Cholesterol</b>	105mg <b>35%</b>	105mg <b>35%</b>	0mg <b>0%</b>	5mg <b>2%</b>	
<b>Sodium</b>	430mg <b>19%</b>	440mg <b>19%</b>	85mg <b>4%</b>	30mg <b>1%</b>	
<b>Total Carbohydrate</b>	56g <b>20%</b>	66g <b>24%</b>	11g <b>4%</b>	18g <b>7%</b>	
Dietary Fiber	3g <b>11%</b>	3g <b>11%</b>	2g <b>7%</b>	1g <b>4%</b>	
Total Sugars	36g	47g	8g	17g	
Includes Added Sugars	35g <b>70%</b>	34g <b>68%</b>	6g <b>12%</b>	14g <b>28%</b>	
<b>Protein</b>	6g	5g	4g	4g	
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	Vitamin D	1mcg 6%	1mcg 6%	1mcg 6%	0mcg 0%
	Calcium	50mg 4%	50mg 4%	58mg 4%	24mg 2%
	Iron	3mg 15%	2mg 10%	1mg 6%	0mg 0%
	Potassium	320mg 6%	219mg 4%	48mg 2%	1mg 0%

**Chocolate Caramel Lava Cake:** butter (CREAM, salt), bleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, brown sugar, water, EGGS, sweetened condensed MILK (MILK, lactose), high fat cocoa processed with alkali, semi-sweet chocolate (sugar, unsweetened chocolate, cocoa butter, SOY lecithin, natural vanilla extract, MILK), whipping CREAM (CREAM, carrageenan), modified food starch, salt, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), natural flavor, blackstrap molasses, caramel color, guar gum, xanthan gum. **Contains:** Eggs, Milk, Soy, Wheat

**Sticky Toffee Bundt Cake:** brown sugar, dates (dates, oat flour), water, whipping cream (CREAM, MILK, carrageenan, mono- and diglycerides, cellulose gum, polysorbate 80, sodium citrate), butter (CREAM, salt), enriched wheat flour (WHEAT flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), EGGS, natural flavor, salt, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), caramel color, modified food starch. **Contains:** Eggs, Milk, Wheat

**SkinnyDipped Dark Chocolate Peppermint Almonds:** ALMONDS, dark chocolate (unsweetened chocolate processed with alkali, cane sugar, cocoa butter, MILK fat (butter), sunflower lecithin, vanilla), organic white chocolate (cane sugar, MILK, SOY lecithin, organic maple sugar, sea salt, powdered cane sugar, peppermint oil). **Contains:** Almonds, Milk, Soy

**Macarons:** sugar, ALMONDS, sugar icing, EGG white, BUTTER, ALMOND paste (ALMONDS, water), MILK, CREAM, MILK chocolate (sugar, whole MILK powder, cocoa butter, cocoa mass, SOY lecithin, natural vanilla extract), dark chocolate (cocoa mass, sugar, cocoa butter, natural vanilla extract), PISTACHIO praline (PISTACHIO, sugar), glucose syrup, lemon juice, crumbled raspberries, natural color (natural beet color, caramel, curcumin), inverted sugar syrup, water, PISTACHIOS, EGG yolk, cocoa powder, coffee, natural raspberry, lemon and pistachio flavors, coffee paste (coffee, sunflower oil), fat-reduced cocoa powder, baker's custard mix (modified corn starch, corn starch), potato flour, pectin, spirulina, vanilla powder, exhausted vanilla seeds. **Contains:** Almonds, Eggs, Milk, Pistachios, Soy