

INGREDIENTS

2 PERSON | 4 PERSON



12 oz | 24 oz Potatoes*



Onion



Demi-Baguettes Contains: Soy, Wheat



10 oz | 20 oz Ground Beef**



¼ Cup | ½ Cup Panko Breadcrumbs Contains: Wheat



1 TBSP | 2 TBSP Italian Seasoning



Tomato Paste



2.5 oz | 5 oz Marinara Sauce



Chicken Stock Concentrate



1/2 Cup | 1 Cup Mozzarella Cheese Contains: Milk



ANY ISSUES WITH YOUR ORDER? WE'D BE SIMMERING LIKE STEW OVER THERE TOO. SCAN HERE TO GET HELP!

*The ingredient you received may be a different color.

**In our ongoing effort toward sustainability, we're working on reducing plastic in your order! You may have received 4 servings of protein in one package rest assured it contains the correct amount.



HelloCustom

2 PERSON | 4 PERSON

If you chose to modify your meal, follow the HelloCustom instructions on the flip side of this card.



8 oz | 16 oz Broccoli Florets



CLASSIC ITALIAN MEATBALL SUBS

with Roasted Potato Wedges



PREP: 10 MIN COOK: 40 MIN CALORIES: 1110



HELLO

MEATBALL SUBS

These classic sandwiches are loaded with Italian American flavors: juicy meatballs, herby red sauce, and melty mozz.

SPLISH SPLASH

Splash a little cold water on your hands before shaping the meatballs in step 3. The heat in your hands is what causes the mixture to stick; cooling your hands down will make the beef hold to itself rather than onto you.

BUST OUT

- · Baking sheet
- Large pan
- Medium bowl
- Kosher salt
- Black pepper
- Cooking oil (1 TBSP | 1 TBSP)
- Sugar
- Butter (1 TBSP | 2 TBSP)
 Contains: Milk

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*Ground Beef is fully cooked when internal temperature reaches 160°



I PREP

- Adjust racks to top and middle positions and preheat oven to 450 degrees. Bring 1 TBSP butter (2 TBSP for 4 servings) to room temperature. Wash and dry produce.
- Cut potatoes into ½-inch-thick wedges.
 Halve, peel, and finely dice half the onion
 (whole onion for 4). Halve baguettes
 lengthwise, stopping before you get all the
 way through.
- Cut **broccoli** into bite-size pieces if necessary. (Save potatoes for another use.)



2 ROAST POTATOES

- Lightly oil a baking sheet. Toss potatoes on one side of prepared sheet (whole sheet for 4 servings) with a drizzle of oil, salt, and pepper.
- Roast on top rack for 5 minutes. (You'll add more to the sheet then.)
- Swap in **broccoli** for potatoes. (You'll roast broccoli in the next step.)



3 FORM & COOK MEATBALLS

- Meanwhile, in a medium bowl, combine beef*, panko, 2 tsp Italian Seasoning (4 tsp for 4 servings), salt (we used ½ tsp; 1 tsp for 4), and pepper. Form into 6 equal-size meatballs (12 for 4).
- Once potatoes have roasted 5 minutes, remove sheet from oven. Carefully add meatballs to empty side. (For 4, leave potatoes roasting; add meatballs to a second sheet and roast on middle rack.)
 Return to top rack, tossing halfway through, until everything is browned and cooked through, 18-20 minutes more.



Add **meatballs** to sheet opposite **broccoli**. Cook through the rest of this step as instructed, roasting meatballs along with broccoli.



4 MAKE SAUCE

- Meanwhile, heat a drizzle of oil in a large pan over medium heat. Add onion; season with a pinch of salt and pepper. Cook, stirring occasionally, until browned and tender. 5-7 minutes.
- Add tomato paste and remaining Italian Seasoning. Cook, stirring constantly, until fragrant and darkened, 30-60 seconds. TIP: If you like things spicy, add a pinch of chili flakes from your pantry.
- Add marinara, stock concentrate, ½ cup water (¾ cup for 4 servings), and a pinch of sugar. Cook, stirring occasionally, until thickened. 2-3 minutes.
- Remove from heat; season with salt and pepper.



5 TOAST BREAD

- Once **potatoes** and **meatballs** are done, remove sheet from oven.
- Toast baguettes, cut sides up, directly on middle rack until golden, 2-3 minutes.
- Spread softened butter onto cut sides of baguettes and season with a pinch of salt and pepper.



6 FINISH & SERVE

- Transfer **meatballs** to pan with **sauce**; gently turn to coat.
- Place toasted baguettes on sheet with potato wedges. (For 4 servings, place baguettes on sheet used for meatballs.)
 Fill baguettes with meatballs and sauce; sprinkle tops with mozzarella. Return to top rack until cheese melts, 2-3 minutes.
- Divide **meatball subs** and potato wedges between plates. Serve.



Remove **broccoli** from baking sheet before toasting **subs**.