

INGREDIENTS

2 PERSON | 4 PERSON



Scallions



Grape Tomatoes



Cilantro

1 tsp | 1 tsp Turmeric







1/2 Cup | 1 Cup



Jasmine Rice



Mushroom Stock Concentrate



1 | 1 Chili Pepper



11/2 TBSP | 3 TBSP Sour Cream Contains: Milk



1 tsp | 2 tsp Cumin



10 oz | 20 oz Barramundi Contains: Fish



ANY ISSUES WITH YOUR ORDER? WE'D BE SIMMERING LIKE STEW OVER THERE TOO. SCAN HERE TO GET HELP!



HelloCustom

2 PERSON | 4 PERSON

If you chose to modify your meal, follow the HelloCustom instructions on the flip side of this card.



12 oz | 24 oz S Cauliflower Rice



BAJA BARRAMUNDI

with Yellow Rice, Salsa Fresca & Zesty Crema



PREP: 5 MIN COOK: 25 MIN CALORIES: 570



HELLO

TURMERIC

This warming spice, related to ginger, adds a subtle peppery heat and beautiful golden hue to barramundi and rice

FIL-LET IT BE

Nonstick pan or not, we understand if you've had an incident (or two) involving fish skin, scraping, and your pan. The key to a clean release? Leave the fillets alone! Once the skin crisps up, the fish will separate from the pan on its own and be ready to flip.

BUST OUT

- Zester
- 2 Small bowls
- Small pot
- Paper towels
- Medium bowl
- Large pan
- Kosher salt
- Black pepper
- Cooking oil (2 tsp | 2 tsp)
- Butter (2 TBSP | 3 TBSP) Contains: Milk

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1 PREP

- · Wash and dry produce.
- Trim and thinly slice scallions, separating whites from greens. Halve tomatoes. Mince cilantro. Zest and quarter lime. Mince chili.



2 COOK RICE

- Melt 1 TBSP butter in a small pot over medium-high heat. Add half the scallion whites and 1/4 tsp turmeric (1/2 tsp for 4 servings); cook until fragrant, 1 minute. (You'll use more turmeric later.)
- Stir in rice, stock concentrate, 3/4 cup water (1½ cups for 4), and a big pinch of salt. Bring to a boil, then cover and reduce to a low simmer. Cook until rice is tender, 15-18 minutes
- · Keep covered off heat until ready to serve.



After cooking aromatics, stir in cauliflower rice (no need to drain), stock concentrate. and a pinch of salt. Cook, stirring occasionally, until tender and any excess liquid has been absorbed, 6-8 minutes. (Save jasmine rice for another use.)



3 MAKE SALSA FRESCA

· While rice cooks, in a medium bowl. combine tomatoes, cilantro, juice from half the lime, and remaining scallion whites. Season with salt and pepper. If you like spicy salsa, stir in chili to taste.



4 MAKE CREMA

 In a small bowl, combine sour cream, a big squeeze of lime juice, and as much lime zest as you like. Stir in water 1 tsp at a time until mixture reaches a drizzling consistency. Season with salt and pepper.



5 COOK FISH

- In a second small bowl combine cumin and 1/4 tsp turmeric (1/2 tsp for 4 servings). (Be sure to measure the turmeric.)
- Pat barramundi* dry with paper towels; season all over with salt and pepper. Season flesh sides with spice mixture.
- Heat a large drizzle of oil in a large, preferably nonstick, pan over medium-high heat. Add barramundi, skin sides down, and cook until skin is crispy, 4-5 minutes. Flip and cook until fish is opaque and cooked through, 2-3 minutes more.



6 FINISH & SERVE

- Fluff rice with a fork; stir in scallion greens and 1 TBSP butter (2 TBSP for 4 servings). Season with salt and pepper.
- Divide rice between plates; top with barramundi Garnish with salsa fresca and **crema** and serve

Stir scallion greens and butter into cauliflower rice as instructed.