



4 oz | 8 oz Cream Sauce Base Contains: Milk

3 TBSP | 6 TBSP Parmesan Cheese Contains: Milk



ANY ISSUES WITH YOUR ORDER? WE'D BE SIMMERING LIKE STEW OVER THERE TOO. SCAN HERE TO GET HELP!

*The ingredient you received may be a different color.



HelloCustom

If you chose to modify your meal, follow the **HelloCustom** instructions on the flip side of this card.





10 oz | 20 oz Schicken Breast Strips 9 oz | 18 oz Sausage Mix

G Calories: 920 Galories: 1020

PORK SAUSAGE & ROASTED BELL PEPPER PASTA

with Creamy Parmesan Garlic Tomato Sauce



PREP: 10 MIN COOK: 35 MIN CALORIES: 1020



HELLO

CAVATAPPI

This twisty pasta takes its name from the Italian word for corkscrew.

SOME LIKE IT HOT

Don't let its size fool you: Our little chili pepper packs a punch! Add as much or as little as you like. You're the chef!

BUST OUT

- Large pot
 Strainer
- Baking sheet Large pan
- Aluminum foil Paper towels 😉
- Kosher salt
- Black pepper
- Cooking oil (4 tsp | 6 tsp)
- Olive oil (1 tsp | 1 tsp)
- Butter (2 **TBSP** | **4 TBSP**)
 Contains: Milk

GET SOCIAL

Share your **#HelloFreshPics** with us **@HelloFresh**

(646) 846-3663 HelloFresh.com

*Pork Sausage is fully cooked when internal temperature reaches 160°.

*Chicken is fully cooked when internal temperature reaches 165°.

*Chicken Sausage is fully cooked when internal temperature reaches 165°.



1 PREP

- Adjust rack to middle position and preheat oven to 400 degrees. Bring a large pot of **salted water** to a boil. Wash and dry produce.
- Halve bell pepper; remove stem and seeds. Peel garlic. Thinly slice chili.

4 MAKE SAUCE

15 seconds.

G

A

• While pasta cooks, heat a drizzle of olive

heat. Add sausage* and cook, breaking

and cooked through, 4-6 minutes. (TIP:

oil in a large pan over medium-high

up meat into pieces, until browned

If there's excess grease in your pan,

carefully pour it out.) If desired, stir

in a pinch of chili; cook until fragrant,

• Add tomato paste and ¹/₂ cup reserved

4 servings). Simmer until thickened,

Pat **chicken**^{*} dry with paper towels and

season all over with salt and pepper.

into pieces!) or chicken sausage* for

Swap in chicken (no need to break up

pork sausage. Cook through remainder

pasta cooking water (¾ cup for

2-3 minutes more. Turn off heat.

of step as instructed.



2 ROAST PEPPER & GARLIC

- Drizzle each bell pepper half with oil and season with salt and pepper: place, cut sides down, on a lightly oiled baking sheet.
- Place garlic in the center of a small piece of foil. Drizzle with oil; season with salt and pepper. Cinch into a packet and place on same sheet.
- Roast on middle rack until bell pepper is lightly charred and garlic is softened, 20-25 minutes.



3 COOK PASTA

- Once water is boiling, add **cavatappi** to pot. Cook, stirring occasionally, until al dente, 9-11 minutes.
- Reserve **1 cup pasta cooking water** (2 cups for 4 servings), then drain.



5 FINISH PASTA

- Carefully transfer roasted bell pepper and garlic to a cutting board. Thinly slice bell pepper into strips. Mash garlic with a fork.
- Return pan with **sauce** to low heat. Stir in garlic and **cream sauce base**.
- Stir in bell pepper, drained cavatappi, half the Parmesan (save the rest for serving), and 2 TBSP butter (4 TBSP for 4 servings). TIP: If needed, stir in more reserved pasta cooking water a splash at a time until pasta is coated in a creamy sauce.



6 SERVE

 Season pasta with salt and pepper; divide between bowls. Sprinkle with remaining Parmesan and a pinch of remaining chili if desired. Serve.