

INGREDIENTS

2 PERSON | 4 PERSON



2 | 4 Ciabattas Contains: Sov. Wheat



1 | 2 Mini Cucumber



¼ oz | ½ oz Dill



½ Cup | 1 Cup Guacamole



1 | 2 Red Pepper



1/2 Cup | 1 Cup Feta Cheese Contains: Milk



1 | 2 Crispy Fried Onions Contains: Wheat



1 tsp | 2 tsp Chili Flakes)

SWEET & SPICY AVOCADO TOASTS WITH FETA

plus Red Pepper Jam, Cucumber & Crispy Fried Onions



TOTAL TIME: 10 MIN | CALORIES: 590



BUST OUT

- Kosher salt
- Black pepper
- Olive oil (1 tsp | 1 tsp)

MANDATORY ASSEMBLY

A *toast* to all the remote workers—this meal's for you! Assemble it just before eating for the tastiest results. Office friends: These toasts are easier to transport in sandwich form.

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SWEET & SPICY AVOCADO TOASTS WITH FETA

plus Red Pepper Jam, Cucumber & Crispy Fried Onions

INSTRUCTIONS

- · Halve ciabattas and toast until golden brown.
- · Wash and dry produce.
- Trim and slice cucumber on a diagonal into ¼-inch-thick pieces. Drizzle with olive oil and season with salt and pepper. Pick and roughly chop fronds from dill
- Spread cut sides of ciabattas evenly with guacamole. Top with cucumber and drizzle with red pepper jam. Sprinkle with feta, dill, crispy fried onions, and as many chili flakes as you like.
- Divide toasts between plates and serve.