

INGREDIENTS

2 PERSON | 4 PERSON



Zucchini



1 | 2 Lemon



6 oz | 12 oz Spaghetti Contains: Wheat



1 TBSP | 2 TBSP Italian Seasoning



10 oz | 20 oz Pork Chops



1 oz | 2 oz Cheese Roux Concentrate Contains: Milk



2 TBSP | 4 TBSP Cream Cheese Contains: Milk



3 TBSP | 6 TBSP Parmesan Cheese Contains: Milk



ANY ISSUES WITH YOUR ORDER? WE'D BE SIMMERING LIKE STEW OVER THERE TOO. SCAN HERE TO GET HELP!



HelloCustom

If you chose to modify your meal, follow the **HelloCustom** instructions on the flip side of this card.







10 oz | 20 oz Salmon **Contains: Fish**





ALFREDO-STYLE SPAGHETTI WITH HERBED PORK

plus Zucchini & Lemon



PREP: 5 MIN COOK: 35 MIN CALORIES: 790



HELLO

ALFREDO SAUCE

This ultra-creamy, cheesy sauce stars nutty, savory Parmesan.

STAR(CH) OF THE SHOW

Our test kitchen's secret to silky sauce? Pasta cooking water! The starchy liquid helps make the sauce nice and smooth.

BUST OUT

- Large pot
- Large pan

Paper towels

- Zester Strainer
- Whisk
- Kosher salt Black pepper
- Cooking oil (1 TBSP | 1 TBSP)
- Butter (1 TBSP | 2 TBSP)
- Contains: Milk



1 PREP

- · Bring a large pot of salted water to a boil. Wash and dry produce.
- Trim and halve **zucchini** lengthwise; cut into ½-inch-thick half-moons. Zest and quarter **lemon**



2 COOK PASTA

• Once water is boiling, add spaghetti to pot. Cook, stirring occasionally, until al dente. 9-11 minutes. Reserve 2 cups pasta cooking water (4 cups for 4 servings), then drain.



3 COOK ZUCCHINI

- Heat a large drizzle of oil in a large pan over medium-high heat. Add zucchini and season with 1 tsp Italian Seasoning (2 tsp for 4 servings), salt, and pepper. (You'll use more Italian Seasoning in the next step.) Cook, stirring occasionally, until softened and lightly browned. 5-7 minutes (7-10 minutes for 4 servings).
- Turn off heat: transfer to a paper-towel-lined plate. Wipe out pan and let cool slightly.



- Pat **pork*** dry with paper towels and season all over with 1 tsp Italian Seasoning (2 tsp for 4 servings), salt, and pepper. (Be sure to measure the Italian Seasoning-we sent more!)
- Heat a drizzle of oil in same pan over medium-high heat. Add pork and cook until browned and cooked through, 4-6 minutes per side.
- Turn off heat: transfer to a cutting board to rest. Once pork is cool enough to handle. dice into bite-size pieces. Wipe out pan and let cool slightly.
- Swap in **chicken*** or **salmon*** for pork. Cook chicken until cooked through, 3-5 minutes per side, or cook salmon (skin sides down) until skin is crisp, 5-7 minutes, then flip and cook until cooked through, 1-2 minutes more. Transfer to a cutting board to rest.



5 START SAUCE

- Return same pan to medium heat. Add 11/2 cups reserved pasta cooking water (2 cups for 4 servings) and cheese roux concentrate; whisk to combine. Cook, whisking, until slightly thickened, 2-3 minutes.
- Reduce heat to medium low: whisk in cream cheese until melted and combined. Season lightly with pepper.



6 FINISH SAUCE & TOSS

- Add drained spaghetti, Parmesan, 1 TBSP butter (2 TBSP for 4 servings), a big squeeze of lemon juice, and a pinch of lemon zest to pan with sauce.
- Reduce heat to low. Cook, tossing, until butter is melted and pasta is coated in a creamy sauce, 1 minute.
- Add zucchini and diced pork; toss to coat. TIP: If needed, stir in more reserved pasta cooking water a splash at a time.
- Taste and season with salt, pepper, and more lemon juice if desired.
- Once **chicken** is cool enough to handle, cut into bite-size pieces. Add to pan along with **zucchini**



7 SERVE

- Divide **pasta** between shallow bowls and serve with any remaining lemon wedges on the side.
- Serve salmon atop pasta.

*Pork is fully cooked when internal temperature reaches 145°



