

HelloFresh Add On Summertime High Tea Set

Nutrition Facts	Strawberry Lemonade Almonds	Macarons	Lemon Cheesecake	Belgian Waffle
	servings per container Serving size	1 oz (about 16 almonds) (28g)	3 macarons (36g)	1/2 cheesecake (57g)
Amount per serving Calories	140	160	200	360
	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*
Total Fat	9g 12%	8g 10%	13g 17%	19g 24%
Saturated Fat	3.5g 18%	2.5g 13%	8g 40%	8g 40%
Trans Fat	0g	0g	0g	1g
Cholesterol	0mg 0%	5mg 2%	55mg 18%	15mg 5%
Sodium	65mg 3%	30mg 1%	125mg 5%	330mg 14%
Total Carbohydrate	14g 5%	18g 7%	19g 7%	44g 16%
Dietary Fiber	3g 11%	1g 4%	1g 4%	1g 4%
Total Sugars	5g	17g	14g	21g
Includes Added Sugars	4g 8%	14g 28%	13g 26%	20g 40%
Protein	3g	4g	2g	4g
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	Vitamin D	0mcg 0%	0mcg 0%	0mcg 0%
	Calcium	56mg 4%	24mg 2%	55mg 4%
	Iron	1mg 6%	0mg 0%	0mg 0%
	Potassium	125mg 2%	1mg 0%	56mg 2%
				170mg 4%

SkinnyDipped Strawberry Lemonade Almonds: ALMONDS, yogurt coating (cane sugar, palm kernel oil*, organic nonfat dry MILK, organic yogurt powder (cultured nonfat MILK), cocoa butter, glucose syrup, SOY lecithin, salt), strawberry powder, maple sugar, raspberry powder, sea salt, lemon oil. **Contains:** Almonds, Milk, Soy.

Macarons: sugar, ALMONDS, sugar icing, EGG white, BUTTER, ALMOND paste (ALMONDS, water), MILK, CREAM, MILK chocolate (sugar, whole MILK powder, cocoa butter, cocoa mass, SOY lecithin, natural vanilla extract), dark chocolate (cocoa mass, sugar, cocoa butter, natural vanilla extract), PISTACHIO praline (PISTACHIO, sugar), glucose syrup, lemon juice, crumbled raspberries, natural color (natural beet color, caramel, curcumin), inverted sugar syrup, water, PISTACHIOS, EGG yolk, cocoa powder, coffee, natural raspberry, lemon and pistachio flavors, coffee paste (coffee, sunflower oil), fat-reduced cocoa powder, baker's custard mix (modified corn starch, corn starch), potato flour, pectin, spirulina, vanilla powder, exhausted vanilla seeds. **Contains:** Almonds, Egg, Milk, Soy.

Lemon Cheesecake: cream cheese (pasteurized cream and skim MILK, lactic acid, salt, gums [locust bean, guar and xanthan gum]), cane sugar, EGGS, graham cracker (WHEAT flour, whole WHEAT flour, sugar, SOYBEAN oil, honey, sodium bicarbonate, salt), lemon zest (chopped lemon peels, cane sugar, natural lemon flavor), butter (cream, natural flavors), pasteurized cream, WHEAT flour, natural & artificial vanilla flavor, modified food starch. **Contains:** Egg, Milk, Soy, Wheat.

Belgian Waffle: WHEAT flour, vegetable margarine (rspo palm oil, rapeseed oil, sunflower oil, water, emulsifier mono and diglycerides of fatty acids, sunflower lecithin, salt, acidifier acid citric, natural flavors), pearl sugar, EGGS, invert sugar, yeast, MILK powder, vanillin. **Contains:** Egg, Milk, Wheat.