



BUFFALO CAULIFLOWER TACOS

with Tangy-Sweet Slaw

INGREDIENTS

2 PERSON | 4 PERSON



2 | 4
Scallions



10 oz | 20 oz
Cauliflower Florets



4 oz | 8 oz
Coleslaw Mix



2 TBSP | 4 TBSP
Mayonnaise
Contains: Eggs



5 tsp | 5 tsp
White Wine
Vinegar



3 tsp | 5 tsp
Hot Sauce



82 g | 164 g
Tempura
Batter Mix
Contains: Eggs,
Milk, Wheat



¼ oz | ½ oz
Frank's Seasoning



6 | 12
Flour Tortillas
Contains: Soy, Wheat



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HELLO

TEMPURA BATTER MIX

Combine this mix with water to give cauliflower a crisp, light-as-air coating.

PREP: 5 MIN | COOK: 35 MIN | CALORIES: 900



FRY, FRY AGAIN

In step 5, you'll be shallow-frying your battered cauliflower. To test and make sure the oil is hot enough between batches, add a drop of batter on its own. If it sizzles immediately, that's your green light to start cooking. If not, wait about 15 seconds, then try again.

BUST OUT

- 3 Medium bowls
- Whisk
- Kosher salt
- Black pepper
- Sugar ($\frac{1}{2}$ tsp | $\frac{3}{4}$ tsp)
- Cooking oil (for frying)
- Butter (**3 TBSP** | **6 TBSP**)
Contains: Milk
- Large pan
- Slotted spoon
- Paper towels

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1 PREP

- Wash and dry produce.
- Trim and thinly slice **scallions**, separating whites from greens. Cut **cauliflower florets** into 1-inch pieces.



2 MAKE SLAW

- In a medium bowl, combine **coleslaw mix**, **mayonnaise**, $\frac{1}{2}$ tsp **vinegar** (**3 tsp for 4 servings**), $\frac{1}{4}$ tsp **sugar** ($\frac{1}{2}$ tsp for 4), and a **pinch of salt and pepper**. (**Save remaining vinegar for another use.**)



3 MAKE SAUCE

- In a second medium microwave-safe bowl, combine **scallion whites**, **hot sauce**, **1 TBSP water** (**2 TBSP for 4 servings**), a **pinch of sugar**, and a **pinch of salt**.
- Microwave for 1 minute, then immediately stir in **3 TBSP butter** (**6 TBSP for 4**) until melted.



4 MAKE BATTER

- In a third medium bowl (**use a large bowl for 4 servings**), whisk together **tempura mix**, **Frank's Seasoning**, $\frac{1}{4}$ cup **water** ($\frac{1}{2}$ cup for 4), and a **pinch of salt and pepper**. **TIP: If mixture is too thick, add more water 1 tsp at a time until it reaches a pancake-batter-like consistency.**
- Stir in **cauliflower** until fully coated.



5 FRY CAULIFLOWER

- Heat a $\frac{1}{2}$ -inch layer of **oil** in a large, preferably heavy-bottomed, pan over medium-high heat. Once oil is hot enough that a **drop of batter** sizzles when added to the pan, using a slotted spoon, add coated **cauliflower**. **TIP: Don't overcrowd the pan! You will need to work in batches.**
- Cook until cauliflower is golden brown and crisp, 2-3 minutes per side. Using a slotted spoon, transfer to a paper-towel-lined plate.



6 FINISH & SERVE

- Wrap **tortillas** in damp paper towels and microwave until warm and pliable, 30 seconds.
- Divide tortillas between plates; fill with **slaw** and **cauliflower**. Drizzle with **sauce** and sprinkle with **scallion greens**. Serve.