

INGREDIENTS

2 PERSON | 4 PERSON



2 | 4 Scallions



1|1 Lemon



8.6 oz | 17.2 oz Fully Cooked Chicken Breasts



1 oz | 2 oz Golden Raisins



4 oz | 8 oz Shredded Carrots



1½ TBSP 3 TBSP Sour Cream Contains: Milk



2 TBSP | 4 TBSP Mayonnaise Contains: Eggs



1 TBSP | 1 TBSP Curry Powder



2 | 4 Flour Tortillas Contains: Soy, Wheat

CURRIED CHICKEN SALAD WRAPS

with Golden Raisins & Shredded Carrots



TOTAL TIME: 10 MIN | CA

CALORIES: 610



BUST OUT

- · 2 Medium bowls · Black pepper
- Kosher salt
- Olive oil (1 tsp | 1 tsp)
- Sugar (½ tsp | 1 tsp)

THAT'S A WRAP

For perfectly rolled wraps, warm the tortillas first, to make them more pliable, and don't overstuff! Add just enough filling to easily fold and roll.

GET SOCIAL

Share your #HelloFreshPics with us @HelloFresh

(646) 846-3663 | hello@hellofresh.com HelloFresh.com

CURRIED CHICKEN SALAD WRAPS

with Golden Raisins & Shredded Carrots

INSTRUCTIONS

- · Wash and dry produce.
- Trim and thinly slice scallions, separating whites from greens. Halve lemon. Finely dice chicken.
- In a medium bowl, combine raisins, scallion whites, and juice from half the lemon.
- In a second medium bowl, toss **carrots** with a **drizzle of olive oil**. Season with **salt and pepper** to taste.
- To bowl with raisin mixture, add sour cream, mayonnaise, 2 tsp curry powder (2½ tsp for 4 servings), and ½ tsp sugar (1 tsp for 4); stir to combine. Stir in chicken and scallion greens. Taste and season with salt and pepper. TIP: Add more curry powder if you like a stronger flavor!
- Place tortillas on a clean work surface. Spread chicken salad on the bottom third of each tortilla, leaving a 1-inch border on both sides. Top with as many shredded carrots as you like. Fold up bottom side of each tortilla over filling, then fold over left and right sides toward the filling. Roll up tortillas, starting with filled sides, to form wraps.
- Halve wraps on a diagonal; divide between plates. Serve with any remaining shredded carrots on the side.