

## Spicy Pork & Kale Soup

with Ramen Noodles, Ginger, and Thai Chili

Thick ramen noodles are perfect for slurping, which is exactly what you'll be doing with this unctuous pork soup. Thai chilies pack some serious heat - be sure to add with caution!









Kale



Garlic





Ginger



Thai Chili



Red Onion



Pho Stock Concentrates



Soy Sauce



Ramen Noodles

				*Not Included .⊆	
Ingredients		2 People	4 People	*Not Included := -	
Ground Pork		10 oz	20 oz		
Garlic		2 cloves	4 cloves	1) Soy :=	
Ginger		1 thumb	2 thumbs		
Thai Chili 🌛		1	2		
Red Onion		1	2	Ruter 0 in 1/4 in	
Pho Stock Concentrates		2	4		
Kale		4 oz	8 oz	Tools Medium Pot, Peeler, Large Pot, Strainer	
Soy Sauce	1)	2 T	4 T		
Ramen Noodles		9 oz	18 oz		
Olive Oil*		1+	2 t		

Nutrition per person Calories: 826 cal | Fat: 34 g | Sat. Fat: 12 g | Protein: 39 g | Carbs: 90 g | Sugar: 8 g | Sodium: 1828 mg | Fiber: 7 g



- **1** Prep the ingredients: Wash and dry all produce. Bring a medium pot of salted water to a boil. Mince or grate the garlic. Peel and mince the ginger. Remove and discard the kale stems and ribs, then roughly chop the leaves. Halve, peel, and thinly slice the red onion. Finely mince the Thai chili.
- **2 Cook the aromatics:** Heat a drizzle of **oil** in a large pot over medium heat. Add the sliced **red onion** to the pot and cook, stirring for 2 minutes, until slightly softened. Add the **garlic, ginger**, and as much **Thai chili** as you like (start with a little and go up from there!). Cook for 30 seconds, until fragrant.





- 4 Simmer the soup: Add 4 cups water and the stock concentrates to the pot with the pork. Stir to combine, then add the kale and soy sauce. Bring to a simmer for 5 minutes, until the kale is just tender.
- **5** Cook the ramen noodles: Add the ramen noodles to the pot of salted water and cook for 2-3 minutes, or until al dente. Drain and add to the soup.
- 6 Plate and serve: Serve divided between bowls and enjoy!

