

# SIRLOIN AND MUSTARD SHALLOT CREAM SAUCE

with Roasted Potatoes and Carrot Green Bean Amandine



## = HELLO =

### HERBES DE PROVENCE

This blend of six aromatic herbs, including lavender, is Southern France's signature seasoning.







Shallot













Yukon Gold Potatoes





Fry Seasoning

Green Beans



Concentrate

Dijon Mustard

PREP: 10 MIN

TOTAL: 35 MIN

CALORIES: 900

### START STRONG :

Wanna know the secret to extratoasty roasted potatoes? Put your baking sheet in the oven before heating it up. The spuds will sizzle when they hit the hot surface, ensuring maximum crispiness.

### BUST OUT =

- Paper towels
- Large pan
- · Baking sheet

Frv Seasoning

- Peeler
- 2 Medium bowls
- Sugar (¼ tsp | ½ tsp)
- Olive oil (5 tsp | 5 tsp)
- Butter (3 TBSP | 4 TBSP) (Contains: Milk)



**PRFP** Adjust rack to top position and preheat oven to 450 degrees. Wash and dry all produce. Pat steak dry with paper towels; season all over with salt and **pepper**. Let sit at room temperature until ready to cook.

TOAST NUTS AND START SAUCE

concentrate, mustard, and 1/4 cup

water (1/3 cup for 4).



ROAST POTATOES Cut **potatoes** into ½-inch-thick wedges. Toss on one side of a baking sheet with a large drizzle of olive oil, half the Fry Seasoning, salt, and pepper. Roast 10 minutes (we'll add more to the sheet then). (If making for 4 servings, toss potatoes with all the Fry Seasoning and spread out on 1 baking sheet. Roast, tossing halfway through, for 25-30 minutes.)



**T** PREP VEGGIES Meanwhile, halve, peel, and dice shallot. Peel and halve carrots lengthwise; cut into strips the size of green beans. Toss in a medium bowl with green beans, a large drizzle of olive oil, salt, and pepper. Once potatoes have roasted 10 minutes, add carrots and beans to empty side of sheet. (Add to their own sheet if making for 4.) Continue roasting until potatoes are crispy and veggies are tender, 15-20 minutes.



6 FINISH SAUCE AND PLATE Melt 1/2 TBSP butter in same pan over medium heat. Add shallot: cook 1 minute. Add stock mixture: reduce heat to low. Cook 1 minute. Add sour cream and any **resting juices** from steak. Cook until thickened, 1 minute. Stir in 1 TBSP butter (2 TBSP for 4). Slice steak against the grain. Divide steak, potatoes, and veggies between plates. Top steak with sauce. Top veggies with almonds.

### =NUTS FOR NUTS=

We're head over heels for the veggies' sweet and salty almond topping.

### INGREDIENTS

#### Ingredient 2-person | 4-person

 Sirloin Steak\* 14 oz | 28 oz Yukon Gold Potatoes 16 oz | 32 oz

1 TBSP | 1 TBSP

 Shallot 1 | 2

2 | 4 Carrots

6 oz | 12 oz Green Beans

 Sliced Almonds 1 oz | 2 oz

· Beef Stock Concentrate 1 | 2

 Diion Mustard 2 tsp | 4 tsp

• Herbes de Provence



COOK STEAK Heat a drizzle of **olive oil** in same pan over medium-high heat. Add **steak** and cook until a crust has formed on the first side, 3-6 minutes. Flip steak, lower heat to medium, and add half the Herbes de Provence and 1 TBSP butter (all the spice blend and 2 TBSP butter for 4). Cook until steak reaches desired doneness, 3-6 minutes more. Transfer to a plate and let rest. Wipe out pan.

#### \* Steak is fully cooked when internal temperature reaches 145 degrees.

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