

CHICKEN OVER GARLIC PARMESAN SPAGHETTI

with Tuscan Roasted Tomatoes



HELLO -

TUSCAN HEAT SPICE

Our blend of aromatic Italian-style herbs also packs a peppery punch.





Roma Tomatoes







Chicken Cutlets









Parmesan Cheese (Contains: Milk)

15.4 CHICKEN WITH GARLIC-PARMESAN SPAGHETTI_NJ.indd 1 1/1/1398 AP 4:00 PM

START STRONG

Salt your pasta cooking water generously—a palmful should do the trick. Remember, this is your only chance to season the spaghetti itself. Doing so will add flavor not only to the pasta but to the entire dish.

BUST OUT

- Large pot
- Paper towels
- Aluminum foil
- Large pan
- Baking sheet
- Strainer
- Olive oil (4 tsp | 8 tsp)
- Vegetable oil (1 tsp | 2 tsp)
- Butter (3 TBSP | 6 TBSP)

INGREDIENTS

Ingredient 2-person | 4-person

Roma Tomatoes

Garlic

2 Cloves | 4 Cloves

Tuscan Heat Spice

1 TBSP | 2 TBSP

Spaghetti

6 oz | 12 oz

· Chicken Cutlets*

10 oz | 20 oz

Cream Cheese

4 TBSP | 8 TBSP

· Parmesan Cheese

1/4 Cup | 1/2 Cup

* Chicken is fully cooked when internal temperature reaches 165 degrees.

WINE CLUB

Pair this meal with a HelloFresh Wine matching this icon.







PREP Adjust rack to middle position and preheat oven to 400 degrees. Bring a large pot of salted water to a boil. Wash and dry all produce. Cut tomatoes into 6 wedges each. Place whole garlic cloves on a 6-by-6-inch piece of aluminum foil. Drizzle with olive oil and season with **salt** and **pepper**. Cinch foil to make a closed pouch.



COOK CHICKEN Meanwhile, pat chicken dry with paper towels. Season with 1 tsp Tuscan Heat Spice, salt, and pepper. Heat a large drizzle of **olive oil** in a large pan over medium-high heat. Add chicken and cook until browned and cooked through, 3-5 minutes per side. Turn off heat; cover to keep warm. (TIP: If your pan doesn't have a lid, loosely tent chicken with aluminum foil.)



ROAST VEGGIES Line a baking sheet with foil; lightly oil. Arrange tomatoes on prepared sheet skin sides down. Drizzle with olive oil; season with salt, pepper, and 1 tsp **Tuscan Heat Spice** (you'll use more later). Place foil pouch with **garlic** next to tomatoes. Roast on middle rack until tomatoes have wilted slightly and garlic is soft, 20-25 minutes.



MAKE SAUCE Once garlic is roasted, open foil and smash with a fork. Melt 1 TBSP butter in pot used to cook pasta over medium heat. Add remaining Tuscan Heat **Spice** and smashed garlic. Stir in **cream** cheese, 2 TBSP butter, 3/3 cup reserved pasta cooking water, and half the Parmesan. Turn off heat; season with salt and pepper.



BOIL PASTA While veggies roast, once water is boiling, add **spaghetti** to pot. Cook until al dente, 9-11 minutes. Reserve 3/4 cup pasta cooking water, then drain.



FINISH AND SERVE Add **spaghetti** to pot with **sauce**; toss to thoroughly coat. (TIP: If sauce seems dry, add more reserved cooking water, a splash at a time, until creamy.) Season with salt and pepper. Slice chicken crosswise. Divide pasta between bowls. Top with chicken and roasted tomatoes. Sprinkle with remaining **Parmesan**.

SPAGHETT ABOUT IT

Try making this sauce again with any long noodle—we

especially love linguine.

Share your #HelloFreshPics with us! | (646) 846-3663 HelloFresh.com | hello@hellofresh.com

WK 15 NJ-4