

SIRLOIN AND TANGY STEAK SAUCE with Crispy Green Beans and Rosemary Potatoes



## — HELLO — SIRLOIN STEAK

Fine-grained in texture with bold, beefy flavor: boneless beef sirloin is our pick for the ultimate steak.



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2 Panko Breadcrumbs (Contains: Wheat)









prep: 10 min

TOTAL: 40 MIN

CALORIES: 680

Rosemary

Green Beans Sirloin Steak

Dijon Mustard

Hot Sauce

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FAMILY 16

## START STRONG -

Let little ones pick the rosemary stems and tell them to take a whiff. Piney! Fresh herbs are so different than the dried stuff.

## = BUST OUT =

- 2 Medium bowls Aluminum foil
- Baking sheet
   Plastic wrap
- Large pan Paper towels
- Sugar (½ tsp) Strainer
- Butter (2 TBSP) Small bowl (Contains: Milk)
- Vegetable oil (4 tsp)

INGREDIENTS		
• Red Potatoes	24 oz	
• Rosemary	1⁄4 <b>oz</b>	
• Garlic	4 Cloves	
• Green Beans	12 oz	
<ul> <li>Panko Breadcrumbs</li> </ul>	½ Cup	
• Sirloin Steak	20 oz	
Beef Stock Concentrates	2	
• Ketchup	4 TBSP	
Dijon Mustard	2 tsp	
• Hot Sauce 🥑	1 tsp	







PREP AND MAKE SAUCE Adjust rack to upper position and preheat oven to 425 degrees. Wash and dry all produce. Halve potatoes. Pick rosemary leaves from stems; mince leaves until you have 1 TBSP. Mince or grate garlic. Trim green beans. In a small bowl, combine stock concentrate, ketchup, mustard, ¼ cup water, ¼ tsp sugar, and hot sauce (to taste.)



2 ROAST POTATOES Toss **potatoes** in a medium bowl with a drizzle of **oil**, **minced rosemary**, and a large pinch of **salt** and **pepper**. Arrange cut sides down on a lightly **oiled** baking sheet. Roast until browned and tender, 25-30 minutes.



**3** MAKE GARLIC PANKO Melt **1 TBSP butter** in a large pan over medium-high heat. Add **garlic** and cook until fragrant, about 30 seconds. Add **panko** and cook, stirring constantly, until golden brown, 3-5 minutes. Season with **salt** and **pepper**. Remove from pan and set aside. Wipe out pan.



COOK STEAK AND SAUCE Pat **steak** dry with paper towels; season all over with **salt** and **pepper**. Heat a large drizzle of **oil** in same pan over medium-high heat. Add steak and cook to desired doneness, 4-7 minutes per side. Remove from pan, tent with foil, and let rest until ready to serve. Reduce heat to low. Stir in **sauce** until thoroughly combined. Remove pan from heat; season with pepper.



**5** COOK GREEN BEANS While steak cooks, place **green beans** in a medium microwave-safe bowl with a splash of **water**. Cover bowl with plastic wrap and poke a few holes in wrap. Microwave on high until tender, 3-4 minutes. Remove from microwave, drain water, then toss beans with **1 TBSP butter**. Season with **salt** and **pepper**. Toss with **garlic panko**.



**6** SERVE Divide **steak**, **potatoes**, and **green beans** between plates. Top steak with **sauce**.

FRESH TALK —	FAM
Would you rather eat a plate of French fries, or a bowl of ice cream?	K 52 NJ-16_

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