

# RIB-EYE STEAKS IN A TOMATO BALSAMIC SAUCE

with Truffled Mushroom Couscous



## = HELLO ----

## **BLACK TRUFFLE BUTTER**

Pieces of the prized aromatic mushroom add a luxuriant flavor to this condiment.

PREP: 15 MIN

TOTAL: 40 MIN



Garlic



**Grape Tomatoes** 



Shallot





Rib-Eye Steaks





Israeli Couscous Balsamic Vinegar Black Truffle Butter (Contains: Wheat)



(Contains: Milk)



Beef Demi-Glace Parmesan Cheese (Contains: Milk)

CALORIES: 1210

Mushrooms

Lemon

36.11 Ribeye Steak in a Tomato Balsamic Sauce\_NJ.indd 1 8/16/18 1:12 PM

#### START STRONG =

Truffle butter has an elegant but powerful flavor that should be added carefully so as not to overpower the dish. Start with just 1 tablespoon and add more if you prefer a richer profile.

#### BUST OUT =

- Medium pot
- Paper towel
- Large pan
- Olive oil (1 TBSP | 2 TBSP)
- Vegetable oil (1 tsp | 2 tsp)
- Sugar (½ tsp | 1 tsp)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

### INGREDIENTS =

Ingredient 2-person | 4-person

• Garlic 2 Cloves | 4 Cloves

• Button Mushrooms 4 oz | 8 oz

• Grape Tomatoes 4 oz | 8 oz

• Basil ½ oz | 1 oz

• Shallot 1 | 2

• Lemon 1|1

• Israeli Couscous 3/4 Cup | 11/2 Cups

• Rib-Eye Steaks 20 oz | 40 oz

• Balsamic Vinegar 5 tsp | 10 tsp

Beef Demi-Glace 1 | 2

Black Truffle Butter 2 TBSP | 4 TBSP

• Parmesan Cheese ¼ Cup | ½ Cup

#### **WINE CLUB**

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Wash and dry all produce. Mince or grate garlic. Trim, then thinly slice mushrooms. Halve tomatoes lengthwise. Pick basil leaves from stems; discard stems. Roughly chop leaves. Halve, peel, and thinly slice shallot. Cut lemon into quarters.



COOK STEAKS
Meanwhile, heat a drizzle of
vegetable oil in a large pan over
medium-high heat. Pat steaks dry with
a paper towel. Season all over with salt
and pepper. Add to pan and cook to
desired doneness, 4-6 minutes per side.
Remove from pan and set aside to rest.
(TIP: Keep steaks loosely covered with
aluminum foil to keep warm.)



2 COOK MUSHROOMS
Heat a drizzle of olive oil in a
medium pot over medium-high heat.
Add mushrooms; cook until they begin
to brown, 5-6 minutes. Season with
salt and pepper. Remove from pot and
set aside. Heat a drizzle of olive oil in
same pot over medium-high heat. Add
garlic. Cook until fragrant, 30 seconds.



Heat a drizzle of olive oil in pan used for steak over medium-high heat. Add shallot and cook until soft, 1-2 minutes. Add tomatoes and cook until just softened, 1-2 minutes. Stir in vinegar and ½ tsp sugar; simmer until syrupy, about 1 minute. Stir in ¼ cup water and demi-glace. Simmer until just thickened, about 2 minutes. Remove from heat. Stir in 1 TBSP plain butter. Season with salt and pepper.



Add couscous to pot with garlic and stir to coat. Season with salt and pepper. Cook, stirring, until lightly toasted, 2-3 minutes. Pour in 1½ cups water. Bring to a boil, then lower heat and reduce to a simmer. Cook, uncovered, until al dente, 9-11 minutes. Cover and set aside off heat.



FINISH AND PLATE
Fluff couscous with a fork, then stir
in truffle butter (start with half and add
more to taste) as well as mushrooms, a
big squeeze of lemon, half the basil, half
the Parmesan, and salt and pepper.
Divide between plates and sprinkle with
rest of Parmesan. Add steaks to plates
and spoon sauce over. Garnish with rest
of basil. Serve with lemon on the side.

## FANTASTIC! =

Break out the steak knives for this dinnertime feast.

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